

CLIMATE AND HEALTH: PLANNING WORKSHEET

PREPARING A COORDINATED COMMUNITY RESPONSE

This leave-behind worksheet is designed to help community groups coordinate efforts to adapt to the local health impacts of our changing climate. It is intended to help facilitate shared community response planning with key stakeholders. The Health Impacts Cards (described in section I) are designed to complement this planning worksheet. It is recommended that the worksheet only be used after the audience has been exposed to the topic of climate and health through other means such as an introductory presentation, videos, or discussion.

First, list the sectors/organizations participating in today's planning session:

I. ASSESSING COMMUNITY RISK *(Complete as a group)*

Start by identifying the climate-related health risks in your community today. Refer to the health impact cards for details and circle all that apply.

- | | |
|---|----------------------------|
| a. Extreme Heat | b. Contaminated Food |
| c. Extreme Weather | d. Contaminated Water |
| e. Air Pollution | f. Hunger and Malnutrition |
| g. Diseases Spread by Insects, Ticks, and Rodents | h. Mental Health Problems |

Based on the issues you circled above, which groups of people in your community are most at-risk?

- | | |
|--|--|
| a. Older adults | b. Outdoor workers or agricultural workers |
| c. Young children | d. People with physical disabilities |
| e. People who lack air conditioning | f. People taking certain medications |
| g. First responders | h. People living in poverty |
| i. People with weakened immune systems | j. Student athletes |
| k. Homeless individuals | l. Pregnant women |
| m. People with chronic illnesses, allergies, or pre-existing respiratory, cardiac, or mental health conditions | |
| n. People using private well water | o. Other _____ |

II. MAPPING RESOURCES *(Complete as a group)*

Next, identify where you have community resources to address the above health impacts and reach at-risk groups.

Of the at-risk groups identified above, which does your sector/organization have the most access to?
In your experience, what are the best ways to reach them?

Looking at the major health risks identified above, what resources, activities, or programs can your sector/ organization offer to help? List everything that comes to mind.

What other sectors/organizations need to be involved to address the priority health impacts identified above?

III. SETTING PRIORITIES FOR COMMUNITY RESPONSE *(Complete individually)*

Write down one to three climate-related health impacts that you want to work on now in your community. Look at the health impact cards, and note the at-risk groups that you think you can reach. Then, list the specific resources or assets that you can contribute.

HEALTH IMPACT	RISK GROUP	RESOURCES



IV. CREATING A PLAN FOR ACTION *(Complete as a group)*

Use this table to start scheduling immediate next steps, identify resources needed for each activity, and name the group responsible for leading the coordinated effort.

TIMING <i>Start & Completion</i>	ACTIVITY	RESOURCES & PARTNERS NEEDED	LEAD ORGANIZATION AND CONTACT
data	data	data	data



Centers for Disease
Control and Prevention
National Center for
Environmental Health

**CLIMATE-READY STATES
AND CITIES INITIATIVE**
cdc.gov/climateandhealth

Communities are developing a coordinated response to health risks by using CDC's Building Resilience Against Climate Effects (BRACE) framework, a five-step process for climate adaptation.